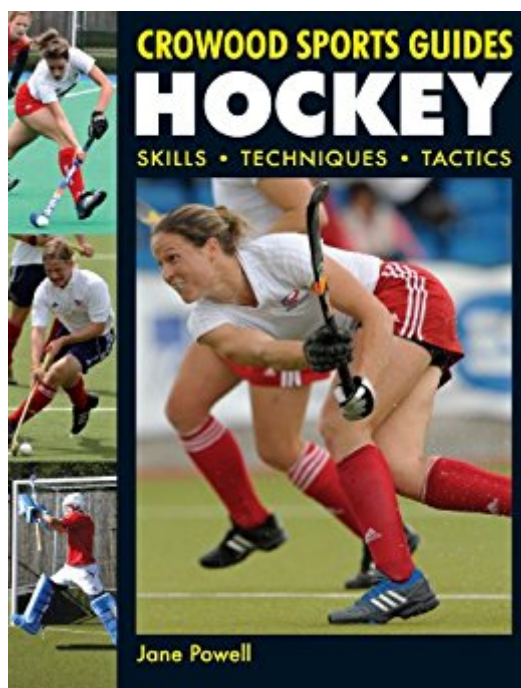


The book was found

Hockey: Skills. Techniques. Tactics (Crowood Sports Guides)



Synopsis

Crowood Sports Guides provide sound, practical advice that will make you a better player, whether you are learning the basic skills, discovering more advanced techniques or reviewing the fundamentals of your sport. Features in this book are: Information boxes containing Top Tips and Key Points for the coach and player; Sequence photographs and detailed diagrams in colour; An introduction to the history and rules of the game, and equipment; A thorough examination of the core skills of hockey (ball carrying, passing, shooting and defending skills); Tactical analysis of the attacking and defending principles of playing the game; Valuable advice on techniques, coaching, nutrition and the competitive structure within the sport. Aimed at those who play hockey at any level and age as well as their coaches. Gives sound practical advice and examines the core skills of hockey. Covers tactical analysis of the attacking and defending principles. Superbly illustrated with 130 sequence photographs and detailed diagrams in colour. Jane Powell is the Performance Coaching Manager of England Hockey. Another title in the highly successful Crowood Sports Guides series.

Book Information

File Size: 86262 KB

Print Length: 116 pages

Publisher: Crowood (December 21, 2012)

Publication Date: December 21, 2012

Sold by: Digital Services LLC

Language: English

ISBN-10: 1847975003

ISBN-13: 978-1847975003

ASIN: B00AZ1814G

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,462,214 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #117

in Books > Sports & Outdoors > Coaching > Hockey #259 in Kindle Store > Kindle eBooks >

Nonfiction > Sports > Other Team Sports > Track & Field #360 in Kindle Store > Kindle eBooks >

Nonfiction > Sports > Hockey

[Download to continue reading...](#)

Hockey: Skills. Techniques. Tactics (Crowood Sports Guides) Tennis: Skills - Tactics - Techniques (Crowood Sports Guides) BOWLS: Skills, Techniques, Tactics (Crowood Sports Guides) Squash: Skills- Techniques- Tactics (Crowood Sports Guides) Fencing: Skills, Tactics, Training (Crowood Sports Guides) Badminton: Technique, Tactics, Training (Crowood Sports Guides) Squash: Technique, Tactics, Training (Crowood Sports Guides) The games of drawing room hockey, tether ball, hand tennis, garden hockey, volley ball, basket goal, lawn hockey, wicket polo, hand polo, golf croquet, clock golf, laws of badminton Badminton (Crowood Sports Guides) CAD for the Workshop (Crowood Metalworking Guides) CNC Milling in the Workshop (Crowood Metalworking Guides) Everyday Charisma: Techniques for Mass Appeal, Charm, and Becoming a Social Powerhouse (Social Skills, Communication Skills, People Skills Mastery) Survival: Survival Guide: Survival Skills, Survival Tools, & Survival Tactics. Emergency Prepping, & Surviving A Disaster! (First Aid, Survival Skills, Emergency ... Medicine, Bushcraft, Home Defense Book 1) Conversation Skills: Tactics to Improve Your Conversation and Small Talk Skills for Better Social, Business and Relationship Communication (Communication Skill Training) Finding the Art: Essays on the Principles, Tactics and Techniques Which Govern Combat Sports Beckett 2015 Hockey Price Guide 24th Edition (Beckett Hockey Card Price Guide) Roman: A Cold Fury Hockey Novel (Carolina Cold Fury Hockey) Max: A Cold Fury Hockey Novel (Carolina Cold Fury Hockey) National Hockey League Official Guide & Record Book 2017 (National Hockey League Official Guide an) Hockey Abstract Presents... Stat Shot: The Ultimate Guide to Hockey Analytics

[Dmca](#)